

SEITOKAI ACTIVITIES CALENDAR 2019

DATE	EVENT	FOR	CREDITS	FEE	LOCATION
8.1.2019	Start of Season 1				
26.1.2019	SEITOKAI RY Annual meeting	All	SEITOKAI Hombu Dojo
26.1.2019	Advanced training and Instructors course part 1	Brown&Black	1	€ 10	SEITOKAI Hombu Dojo
1-3.2.2019	Nuorten EM-leiri	National Team	2	consult	Pajulahti Olympic Center
4-10.2.2019	46th EKF Junior, Cadet and U21 Championships	National Team	1	consult	Aalborg, Denmark
15-17.2.2019	National Team Camp & TRYOUTS	National Team	2	consult	Pajulahti Olympic Center
22-24.2.2019	ISHØJ KARATE CUP	Selected	1	consult	ISHØJ - Denmark
2.3.2019	TALLINN BULLDOG	Selected	1	consult	Tallinn, Estonia
8-10.3.2019	National Team Camp	National Team	2	consult	Pajulahti Olympic Center
16.3.2019	SVENSKA KATAPOKALEN	Selected	1	consult	Sweden
23.3.2019	SUOMI CUP - ORIMATTILA	Optional	1	€ 30	Orimattila
28-31.3.2019	54th EKF Senior Championships	National Team	1	consult	Guadalajara, Spain
1.4.2019	Start of Season 2				
6.4.2019	SEITOKAI Seminar + belt tests	All	2	€15 / €30	SEITOKAI Hombu Dojo
7.4.2019	Tuomarikurssi - Tiago Pedrosa	Optional	4	€ 50	SEITOKAI Hombu Dojo
13.4.2019	KARATE SM	Selected	1	€ 30	Hämeenlinna
20.4.2019	Advanced training and Instructors course part 2	Brown&Black	1	€ 10	SEITOKAI Hombu Dojo
27-28.4.2019	JKS Finland International Camp, Nagaki-sensei	Optional	4	€45 / €60	SEITOKAI Hombu Dojo
11.5.2019	SUOMI CUP - NURMIJÄRVI	Optional	1	€ 30	Nurmijärvi
18-19.5.2019	KARATELIITON KESALEIRI	Optional	2	consult	
1.6.2019	Advanced training and Instructors course FINALS	Brown&Black	1	€ 10	SEITOKAI Hombu Dojo
8.6.2019	SEITOKAI Seminar + GRADING	All	2	€15 / €30	SEITOKAI Hombu Dojo
14.6.2019	SUMMER BREAK				
14-15.6.2019	JKS International Camp, Kagawa-sensei	Optional	4	consult	Belgium
17-23.6.2019	SEITOKAI goes to Portugal	INVITATION ONLY	4	consult	Portugal
1.7.2019	Start of Season 3				
27.7.2019	Advanced training and Instructors course part 1	Brown&Black	1	€ 10	SEITOKAI Hombu Dojo
3.8.2019	SEITOKAI Workshop: "Bunkai"	Seniors	1	Free	SEITOKAI Hombu Dojo
17.8.2019	HELSINKI KARATE OPEN	Optional	1	€ 30	Laajasalo Sports Hall
18.8.2019	CHAMPIONS Camp - Alexandra Recchia & Nguyen Ngan	Optional	4	€45 / €60	Laajasalo Sports Hall
24-25.8.2018	Sensei Junior Lefevre (6.Dan)	Optional	4	consult	Lahti
1.9.2019	Advanced training and Instructors course part 2	Brown&Black	1	€ 10	SEITOKAI Hombu Dojo
7.9.2019	SUOMI CUP - KUOPIO	Optional	1	€ 30	Kuopio
14.9.2019	SEITOKAI 16th Anniversary - Activity Day	All			
21.9.2019	KATANA SHIAI - Lahti	Optional	1	€ 30	Lahti
28.9.2019	SEITOKAI Seminar + GRADING	All	2	€15 / €30	SEITOKAI Hombu Dojo
1.10.2019	Start of Season 4				
5.10.2019	Advanced training and Instructors course part 3	Brown&Black		€ 10	SEITOKAI Hombu Dojo
12.10.2019	SEITOKAI Workshop: "Kata Marathon"	All	2	free	SEITOKAI Hombu Dojo
26.10.2019	SEITOKAI - SUOMI CUP - HELSINKI	Optional	1	€20 / €30	Laajasalo Sports Hall
9.11.2019	JKS Suomen Shotokan Cup	Optional	1	€ 20	SEITOKAI Hombu Dojo
16.11.2019	Advanced training and Instructors course FINALS	Brown&Black		Free	SEITOKAI Hombu Dojo
23.11.2019	NORDIC KARATE CHAMPIONSHIPS	National Team	1	consult	Kaunas, Liettua
7.12.2019	SEITOKAI Seminar + GRADING	All	2	€15 / €30	SEITOKAI Hombu Dojo
13.12.2019	SEITOKAI PIKKUJOULU	Registered - 30	...	Free	SEITOKAI Hombu Dojo
14.12.2019	WINTER BREAK				



OPEN COMPETITIONS



NATIONAL TEAM EVENTS



INTERNATIONAL OPEN EVENTS



EVENTS FOR ADVANCED STUDENTS



EVENTS OF HIGH IMPORTANCE FOR THE CLUB