

SEITOKAI ACTIVITIES CALENDAR 2018

DATE	EVENT	FOR	CREDITS	FEE	LOCATION
8-JANUARY	<i>Start of Season 1</i>	All			SEITOKAI Hombu Dojo
14-JANUARY	<i>National Team Tryouts</i>	Selected			Pajulahti
27-JANUARY	TAWASTIA KARATE OPEN	Optional	1		HÄMEENLINNA
28-JANUARY	<i>Workshop - "Nutrition"</i>	Seniors	1	Free	SEITOKAI Hombu Dojo
10-FEBRUARY	SUOMI CUP	Optional	1		
18-FEBRUARY	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
25-FEBRUARY	<i>SEITOKAI RY Annual meeting</i>	All			SEITOKAI Hombu Dojo
3-MARCH	TALLINN BULLDOG	Selected	1		TALLINN - ESTONIA
3-4-MARCH	WKF Series A	Selected	1		SALZBURG - AUSTRIA
10-MARCH	SVENSKA KATAPOKALEN	Selected	1		SWEDEN
17-MARCH	SUOMI CUP - ORIMATTILA	Optional	1		ORIMATTILA
18-MARCH	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
31-MARCH	<i>SEITOKAI Seminar + GRADING</i>	All	2		SEITOKAI Hombu Dojo
1-APRIL	<i>Start of Season 2</i>	All			SEITOKAI Hombu Dojo
14-APRIL	KARATE SM	Selected	1		
22-APRIL	<i>SEITOKAI Workshop: "Karate vs Weapons"</i>	Seniors	1	Free	SEITOKAI Hombu Dojo
?? 28-APRIL	SCANDINAVIAN SHOTO CUP	Optional	1		KARLSKRONA - SWEDEN
5-MAY	SUOMI CUP - KUOPIO	Optional	1		KUOPIO
?? 19/20-MAY	<i>Sensei Hiroshi Shirai (10.Dan)</i>	Optional	4		Weert - Netherlands
27-MAY	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
10-JUNE	<i>SEITOKAI Seminar + GRADING</i>	All			SEITOKAI Hombu Dojo
14-JUNE	SUMMER BREAK				
15 to 23-JUNE	<i>SEITOKAI goes to Portugal</i>	Optional	4		Portugal
16-JULY	<i>Start of Season 3</i>	All			SEITOKAI Hombu Dojo
22-JULY	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
29-JULY	<i>SEITOKAI Workshop: "Re-learning to breathe"</i>	Seniors	1	Free	SEITOKAI Hombu Dojo
18-AUGUST	VII HELSINKI KARATE OPEN	Optional	1		Laajasalo Sports Hall
25-26-AUGUST	<i>Sensei Junior Lefevre (6.Dan)</i>	Optional	4		LAHTI
2-SEPTEMBER	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
8-SEPTEMBER	FINNSH OPEN CUP	Optional	1		
15-SEPTEMBER	<i>SEITOKAI 15th Anniversary - Activity Day</i>	All			
23-SEPTEMBER	<i>SEITOKAI Seminar + GRADING</i>	All	2	€15 / €30	SEITOKAI Hombu Dojo
29-SEPTEMBER	SUOMI CUP - LAHTI	Optional	1		LAHTI
1-OCTOBER	<i>Start of Season 4</i>	All			SEITOKAI Hombu Dojo
7-OCTOBER	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
14-OCTOBER	<i>SEITOKAI Workshop: "Kata Marathon"</i>	All	2	SNACKS	SEITOKAI Hombu Dojo
20-OCTOBER	SUOMI CUP	Optional	1		KIRKKONUMMI
27-OCTOBER	FSKU Suomen Shotokan Cup	Optional	1	€ 20	SEITOKAI Hombu Dojo
4-NOVEMBER	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
22-26-NOVEMBER	33rd ESKA European Shotokan Championships	Selected	1		
24-NOVEMBER	PM kilpailut				
2-DECEMBER	BROWN & BLACK BELT TRAINING	Brown&Black		Free	SEITOKAI Hombu Dojo
8-DECEMBER	<i>SEITOKAI Seminar + GRADING</i>	All	2		SEITOKAI Hombu Dojo
14-DECEMBER	<i>SEITOKAI PIKKUJOULU</i>	All			

 COMPETITIONS

 INTERNATIONAL EVENTS